NatureBridge

COASTAL CAMP 2017

GRADES K-9
TO EXPLORE. TO DISCOVER. TO PLAY.

ARE YOU READY?
Coastal Camp grew out of a need for our region’s youth to have authentic, nature-based summer programs. Coastal Camp’s national park location in the Marin Headlands is the ultimate setting for outdoor exploration, hands-on learning, and adventures on trail.

Coastal Camp is a program of NatureBridge, a nonprofit environmental education organization that has been teaching and inspiring students in national parks since 1971. We are proud to partner with the National Park Service, working side by side to strengthen the role education plays in our national parks and the role our national parks play in the lives of our youth.

“This is an amazing camp set in an incredible setting, giving kids the opportunity to learn about nature and the world around them. I love how it brings kids (in this fast paced area we live in) in touch with the things that matter in life. The pace is slow, and being outside, hiking, having fun, learning, and making new friends is what camp should be about.”

COASTAL CAMP PARENT
COASTAL CAMP KNOWS THE BENEFITS OF CONNECTING CHILDREN WITH NATURE

Outdoor learning focused on your child’s developmental stage

Children are spending increasingly less time playing outdoors. Research has shown that children who regularly spend time outdoors are happier, healthier, and stronger. Coastal Camp gets campers outside, integrating play, learning, and adventure.

Building upon each cognitive and developmental stage, Coastal Camp helps kids get the most from their time in nature. From their earliest years through adolescence, activities and themes are designed to grow your child’s connection with nature.

**Kinder Camp**
By playing, exploring, and making new friends in the outdoors, campers develop their imagination, creativity, sense of wonder, and respect for all living things.

**Grades 1–3**
By learning about the local ecosystems, campers develop a sense of place and a deep appreciation for the natural world while enhancing creativity and problem-solving skills.

**Grades 4–6**
By engaging in hands-on activities, exploring interconnections, and working on conservation projects, campers gain independence, confidence, and an awareness of their environment.

**Grades 7–9**
By participating in challenging team-building activities and conducting inquiry-based science experiments, campers strengthen critical thinking and leadership skills.
<table>
<thead>
<tr>
<th>DATE</th>
<th>THEME</th>
<th>GRADE</th>
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<tbody>
<tr>
<td>June 12–16</td>
<td><strong>Stars of the Sea</strong></td>
<td>K</td>
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<td></td>
<td><strong>Shark Squad</strong></td>
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<td></td>
<td><strong>Headlands Habitat</strong></td>
<td>1–3</td>
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<td></td>
<td><strong>Guardians of the Gate</strong></td>
<td>4–6</td>
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<tr>
<td>July 3–7</td>
<td><strong>Stars of the Sea</strong></td>
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<td>(no camp July 4)</td>
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<td><strong>EcoQuest Land</strong></td>
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<td>July 31–August 4</td>
<td><strong>The Wild Bunch</strong></td>
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2017 SUMMER CAMP SESSIONS

KINDER CAMP

Weekly thematic programming is designed to help prepare campers for kindergarten by developing social skills and highlighting nature, inquiry, creativity, movement, and music.

Week-long sessions include two daily snacks, lunch, and a camper T-shirt (limit one per camper). Kinder campers must be entering kindergarten in fall 2017 or be at least four years old as of December 2016 to participate. For campers who are six years old, we suggest first grade sessions.

An optional round-trip shuttle is available for kinder campers from San Francisco and Sausalito only.

“Coastal Camp had the spirit and culture of a true camp community. Highly professional staff—quality of staff is truly better than any day camp we’ve been to (and we’ve been to many!). Education is amazing, fun, and teaches kids to respect the environment. My kids have never been so happy to go to camp.”

COASTAL CAMP PARENT
KINDER CAMP SESSIONS

Stars of the Sea
June 12–June 16 $388/WEEK
July 3–7 (no camp on July 4) $310/WEEK
Explore the wonders of the underwater world and meet some of your favorite “sea-brities.” Feed a sea star in the Marine Lab, visit pinniped patients at The Marine Mammal Center, and see how you measure up to an 82-foot blue whale skeleton.

Tales on Trails
June 19–23 or July 24-28 $388/WEEK
Let your imagination take flight and creativity soar as you hike along trails, listen to tall tales, and create your own nature-inspired puppet to use during storytelling.

Growing Up Bird
June 26–30 or August 14–18 $388/WEEK
Calling all chickadees, fledglings, and owlets! Join us for birding adventures as we explore the secret lives of birds. Practice bird calls, create the perfect nest, and learn about wings while flying handmade kites at the beach.

The Wild Bunch
July 10–14 or July 31–August 4 $388/WEEK
Take a walk on the wild side and discover which animals are at home in the Headlands. Check out animal specimens in the Skins & Skulls Lab, head out on the trail in search of animal tracks, and create a critter of your very own.

Bugging Out
July 17–21 or August 7–11 $388/WEEK
Lift a log, sift through mud, and follow the buzz in search of bugs, butterflies, and compost critters. Collect macroinvertebrates from Rodeo Pond, create your very own magnifying bug box, and design vibrant butterfly mosaics.

REGISTER TODAY: costalcamp.org
COASTAL CAMP

Week-long day camp sessions include two daily snacks, lunch, and a camp T-shirt (limit one per camper). An optional shuttle is available from San Francisco, Mill Valley, and Sausalito for grades 1–9.

Grades 1–3 Sessions

Shark Squad
June 12–16 or August 7–11 $388/WEEK
July 3–7 (no camp on July 4) $310/WEEK

Discover the secrets of seldom seen sharks of the Pacific as you uncover the mysterious world of carnivorous fish. Debunk shark myths, hear legends from around the world, and spend some quality hands-on time with live shark visitors!

Create a shark totem pole • Make a shark fin hat • Visit the Marine Lab • Discover shark superpowers
Try on a shark costume • Pet a live leopard shark

Ocean Adventures
June 19–23 or July 10–14 $410/WEEK

Features a Bay sailing adventure!

Set sail for adventure and discover what lies beneath the waves. From small tide pool critters to frolicking marine mammals, this week is all about our unique marine ecosystem and our place within it.

Search for carnelians on Rodeo Beach • Hike to the Point Bonita overlook • Observe harbor seals
Visit the Marine Lab • Hear shipwreck stories • Build your own mini boat and test its buoyancy
Bay sail on the schooner Seaward • Explore the Bay Model Visitor Center

“From the environmental education to the team-building to the importance of responsibility for oneself and others, it is an extremely well-rounded program.”

COASTAL CAMP PARENT

DEER
Spotted by seventh graders near Rodeo Lagoon
Headlands Habitat
June 26–30 or July 24–28 or August 14–18  $388/WEEK

Discover all that the Headlands has to offer with a week filled with nature exploration, hikes, and animal identification. The coast boasts a unique ecosystem, and this week is all about who and what lives here.

- Tour the Native Plant Nursery • Explore the Skins & Skulls Lab • Visit with live birds from WildCare
- Take a native plant identification hike • Collect bugs at the pond • Identify bugs using microscopes
- Dissect a flower • Use binoculars to observe wildlife in the field

Call of the Wild
Grades 1–2: July 17–21 or July 31–August 4  $388/WEEK
Grades 3–4: July 17–21 or July 31–August 4  $455/WEEK

Includes one-night overnight! (Grades 3–4)

Join Coastal Camp for a week in the wild! You’ll always be on the right track as you practice orienteering skills with a map and compass. Outlast the elements with your team and learn how indigenous people used the natural resources to thrive in the Headlands.

- Go on trail adventures in the Headlands hills • Discover native animal adaptations
- Visit the Native Plant Nursery • Test your shelter building skills • Tour historic landmarks in the Headlands
Grades 4–6 Sessions

**Whale Week**
June 12–16 or August 7–11
July 3–7 (no camp on July 4)

$388/WEEK
$310/WEEK

It’s a cetacean sensation! Take a journey with the largest mammals on earth as we dive into the wide world of whales. Gain new insight about how whales feed, communicate, and navigate.

- See how you measure up next to a real whale skeleton
- Identify the whales of the California coast
- Listen to and create whale songs
- Play a gray whale migration game
- Discover your connection to whales and how to protect them
- Dress up like a whale

**Wild Oceans**
June 19–23 or July 10–14

$410/WEEK

Features a Bay sailing adventure!

Marine biology takes center stage this week as campers explore coastal tide pools, Rodeo Beach, microscopic plankton, and local marine mammals. Coastal campers will examine the role that humans play in protecting and conserving our oceans.

- Hike to the Point Bonita Lighthouse
- Get hands-on with the Marine Lab critters
- Examine plankton under a microscope
- Participate in a national science project with 5 Gyres
- Bay sail on the schooner Seaward
- Explore the Bay Model Visitor Center
Grades 4–6 Sessions

Guardians of the Gate
June 26–30 or July 24–28 or August 14–18 $388/WEEK

Take a step back in time and discover the rich history of the Marin Headlands. Explore connections to the past by hiking to park landmarks that protected this vital region. Learn about the people who’ve called the Headlands home and get inspired by our Headlands heroes who preserve and protect the park.

- Explore a World War II coastal defense battery
- Learn about the top secret Nike Missile Site
- Hike to the Point Bonita Lighthouse
- Interview a park ranger
- Learn how you can help protect a national park

Adventure Trek
July 17–21 or July 31–August 4 $455/WEEK

GRADES 5 & 6 ONLY!

Features a one-night overnight!

Stamp your passport to adventure during this week of quests, discoveries, and explorations! Each day features a hike to a different secret spot in our park. To get there, the team will have to work together and complete challenges and riddles.

- Go on a Headlands-themed scavenger hunt
- Participate in team challenges, including a night hike
- Create a map of your adventures
- Make a team banner
- Hike to Tennessee Valley for the overnight
Grades 7–9 Sessions

EcoQuest Land
July 24–28  
$600/WEEK

Features a two-day overnight backpacking trip in Marin!

Let your quest for adventure and inquiry guide the way as you explore the wonders of the natural world. Explore coastal watersheds by traveling through them on a multiday backpacking excursion.

Hike from Mount Tamalpais back to the Marin Headlands • Collect data and make measurements trailside  
Design and conduct a science inquiry project • Use GPS to chart location on a collective orienteering map  
Present findings at the science symposium

EcoQuest Sea
July 31–August 4  
$550/WEEK

Features a kayak trip on Richardson Bay!

This incredible journey will focus on ocean ecology, understanding human impacts on the ocean, and using your newfound knowledge to create strategies for change.

Determine the abiotic and biotic impacts on the San Francisco Bay • Get hands-on with Marine Lab critters  
Compare plankton samples from different bodies of water • Collect data for the 5 Gyres national project  
Study harbor seals at Point Bonita • Kayak on Richardson Bay

REGISTER TODAY: coastalcamp.org
DAILY SCHEDULE

<table>
<thead>
<tr>
<th>Time</th>
<th>Activity</th>
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<tbody>
<tr>
<td>8 a.m.</td>
<td>Optional early care begins</td>
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<tr>
<td>9:30 a.m.</td>
<td>Camp day begins!</td>
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<tr>
<td>9:45 a.m.</td>
<td>Outdoor explorations: Hike and explore with your trail group</td>
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<tr>
<td>12 p.m.</td>
<td>Picnic lunch</td>
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<tr>
<td>1 p.m.</td>
<td>Afternoon activities: Trail group explorations, all-camp beach time, or Camper’s Choice</td>
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<tr>
<td>3:30 p.m.</td>
<td>Camp day ends and camper pickup begins. Optional extended care begins</td>
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<tr>
<td>5:15 p.m.</td>
<td>Optional extended afternoon care ends</td>
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</tbody>
</table>

CAMPER’S CHOICE

Camper’s Choice is a time for your child to choose from a variety of interdisciplinary activities, including sports and recreation, arts and crafts, or music and movement. Activity periods last an hour and sign-ups occur during the camp day with the help of camp staff.

CAMP AT A GLANCE

- Camp hours are 9:30 a.m. to 3:30 p.m. each day.
- Optional early care is available for grades 1–9 from 8 to 9:30 a.m. for $12/day.
- Optional extended care is available for grades 1–9 from 3:30 to 5:15 p.m. for $17/day.
- Campers are grouped by their fall 2017 grade level.
- Coastal Camp maintains a maximum adult to youth ratio of 1:8.
- All camp staff members are pre-screened, highly qualified, and certified in CPR and first aid. Environmental science educators are also certified Wilderness First Responders.
- Lunches are prepared by NatureBridge chefs and receive rave reviews from kids and parents. We use organic and locally produced foods when possible.
- We can accommodate reasonable individual camper dietary restrictions. If your child has special dietary needs, please notify us on the registration form.
- Family and friends of campers in grades 1–9 are invited to attend a Friday afternoon showcase at 2:30 p.m. each week.

CALIFORNIA SEA LION
Spotted by a third grader at Rodeo Beach
NatureBridge is located on the southwest edge of Marin County, just a 10-minute drive north of San Francisco.

SHUTTLE SCHEDULE

Convenient, optional round-trip shuttle service is available from San Francisco, Mill Valley, and Sausalito.

- Campers riding the shuttle do not need to register or pay for early or extended care.
- Times listed are subject to daily traffic conditions.
- Kinder campers may register for San Francisco and Sausalito shuttles only.

<table>
<thead>
<tr>
<th>SHUTTLE STOP</th>
<th>MORNING PICKUP</th>
<th>AFTERNOON DROP-OFF</th>
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<tbody>
<tr>
<td><strong>San Francisco (K–9)</strong></td>
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<tr>
<td>Presidio Transit Center</td>
<td>8 a.m.</td>
<td>4:15 p.m.</td>
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<td>$80/WEEK</td>
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<td><strong>Mill Valley (1–9 only)</strong></td>
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<tr>
<td>Manzanita Park &amp; Ride</td>
<td>8:55 a.m.</td>
<td>5:15 p.m.</td>
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<td>$80/WEEK</td>
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<td><strong>Sausalito (K–9)</strong></td>
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<tr>
<td>Alexander Ave. Tunnel</td>
<td>9:15 a.m.</td>
<td>3:45 p.m.</td>
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<td>$65/WEEK</td>
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NatureBridge is located on the southwest edge of Marin County, just a 10-minute drive north of San Francisco.
REGISTRATION

Sessions sell out quickly, so register early online at coastalcamp.org
For camp information visit our website or call us at 415-331-1548.

Confirmation and detailed camp information, including what to bring every day of camp, will be emailed for all registrations.

Cancellation and Refund Policy

- Cancellations received by April 14: Full refund, less a $25 transaction fee.
- Cancellations received by June 2: Coastal Camp will refund 50% of total payment, less a $25 transaction fee.
- No other refunds will be made.
- Session transfers may be made up to one week before the beginning of each camp session at no additional charge, space permitting.
- NatureBridge reserves the right to cancel or modify programs or sessions based on enrollment.

Late Pickup Fee

A $1-per-minute fee will be charged for campers remaining at camp more than 10 minutes after the time for which they are registered.

Camp for Every Kid Scholarship

NatureBridge is a nonprofit organization dedicated to providing meaningful experiences in the natural world for all children. Donations are greatly appreciated.

Financial assistance is available. For more information, visit: coastalcamp.org

Experience the Marin Headlands at one of our wonderful family programs! Join us on a night hike and afterwards enjoy some time around the campfire. This is a great way to get the whole family out to experience what NatureBridge programs are all about. For more information, visit: naturebridge.org/goldengatefamily

GREAT BLUE HERON
Spotted by second graders near Rodeo Lagoon
“This is a stellar, engaging, fun, and educational program. I was extremely impressed with the friendly professionalism of all the staff and the amazing knowledge and appreciation of nature my kids came home with.”

COASTAL CAMP PARENT