



## IMPORTANT MESSAGE

### Friday, September 3, 2021

Dear Parents and Guardians:

Please read this very important message from [Marin Health & Human Services](#) regarding holiday travel. To receive COVID-19 status updates from Marin HHS there is a link for you to subscribe to their email notifications at the bottom of this newsletter.

Stay safe and enjoy the holiday weekend,

Kimberly McGrath  
Superintendent  
Reed Union School District  
"We are even stronger together!"

## Marin County COVID-19 Status Update

### **Exercise Caution Against Holiday Travel and Gatherings**

Marin County Public Health is urging residents to play it safe this holiday weekend and reconsider travel plans and avoid large gatherings, especially if they or their family members are unvaccinated. We are seeing a growing trend of COVID-19 infections in unvaccinated people after travel or gatherings. As a community, we need to reduce possible exposures to COVID-19 in our schools and that starts by limiting risk.

"Currently, our overall case counts are decreasing, and we don't want to diminish that progress," said Dr. Matt Willis, Marin's Public Health Officer. "This is a concern as we approach Labor Day weekend. In the past, holidays have been followed by spikes in cases due to travel or gatherings. The risk is higher with highly infectious Delta variant, especially for unvaccinated residents." If you are not fully vaccinated and decide to travel within the U.S. anyway, the [CDC recommends](#) that you take the following precautions:

- Get tested 1-3 days before travel
- Get tested 3-5 days after travel and self-quarantine for 7 days. Self-quarantine for 10 days if you don't get tested

Everyone – both vaccinated and unvaccinated – should exercise these

precautions when traveling:

- Self-monitor for symptoms; isolate and get tested if you develop symptoms
- Wear a mask, especially on various forms of transit and in public areas
- Wash hands often and take other precautions during travel

## Stay Informed

Follow the County of Marin on [Facebook](#), [Twitter](#), [Nextdoor](#) or [subscribe to our status updates](#). Visit [MarinHHS.org/coronavirus](https://MarinHHS.org/coronavirus) for resources to stay connected on the issue.

## Spread the Word

How your friends and family can receive these updates:

- Text "MARIN COVID" to 468311 to receive text message notifications
- [Subscribe online](#) to receive email notifications
- [Tweet](#) & share this update with your friends on Twitter!

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