

Del Mar News Flash

Bi-Weekly Newsletter

11.20.2019



Key Dates:

Nov. 22nd

Turkey Trot race.
2:15 PM. Del Mar
blacktop.

Nov. 25th-Nov. 29th

Thanksgiving Break.
No school for the
whole week.

Dec. 2nd-5th

Basketball tryouts
AND play
auditions.

Dec. 5th

Make-Up Picture
Day

Dec. 18th

Holiday Music
Concert. 6:30PM.
Del Mar Gym

Dec. 23-Jan. 6th

Winter Break

Jan. 6th

Teacher Work Day-
NO students

Jan. 7th

Students back to
school

Jan. 20th

Martin Luther King
Day. NO
SCHOOL

Jan. 30th

PRINCIPAL'S MESSAGE

Dear Del Mar Community,

Del Mar is truly a wonderful school community and I am delighted to work with and in the service of your children. They are thoughtful, engaged, and caring young adults, who think critically and challenge assumptions. They make me laugh and feel hope for our future. Thank you for raising such remarkable young people.

I wish you all a wonderful Thanksgiving holiday break and hope you find time to reflect on your blessings and show gratitude to the important people in your lives. As famed computer scientist Randy Pausch so eloquently said, *"Showing gratitude is one of the simplest yet most powerful things humans can do for each other."*

Please read below for important information and enjoy your time next week with your family and friends.

6 pm: Redwood High School Open House. Del Mar is invited!

Jan. 31st

Winter Wonderland Dance 6-8:30. Del Mar Gym.

**Sincerely,
Brian Lynch
Principal**

HELP WANTED!

PLEASE JOIN THE STRATEGIC PLANNING COLLABORATIVE (formerly School Site Council)

Each school is seeking members of the RUSD community to serve as parent representatives on our Strategic Planning Collaborative.

Please go to [THIS LINK](#) to read about the group and how to join. We'd like to hear from you by December 6th.

BUSY TIMES AHEAD!



Come watch the annual Deck Mar Turkey Trot race this Friday at approximately 2:15. The Turkey Trot is a challenging race through and around the Del Mar Campus. The students have a special schedule that day, and will be released from class early to either run or cheer on their classmates. Thanks to our Del Mar PTA for providing treats and prizes!



[Basketball Tryouts](#)

are the week after Thanksgiving Break.

[Footloose -The Musical auditions](#) are also



the week after

Thanksgiving. Please click on the pictures to link you to the website for more details and times.

There will be a make-up **Photo Day** on Thursday, December 5th. If your child was absent on Photo Day (October 25th) please remind them to listen



for the announcement about where to go for their picture on 12/5. Parents should have received proofs and ordering instructions directly from the photographer, [Dorian Studios](#). Check your email inbox! If you did not get proofs, please contact Dorian's customer support line at 1-800-826-3535. The Del Mar office also has a copy of all proofs, so you can stop in and pick yours up if you did not receive the email.



Mark your calendar: Del Mar's Winter Wonderland Dance Party (previously scheduled for 12/6) is going to be Friday, January 31st from 6-8:30PM! It will be a fun evening with a DJ, Photo Booth, a movie, games, concession stand with burritos and sweets, a raffle and lots more!

Announcements will be made to the students about purchasing tickets as we get closer to the event.



We have a new parking spot that may be used for 5 minutes only, from 8:30AM to 2:30PM. Remember-ALL parking spots except that one are reserved ALL DAY LONG for staff.



The RUSD PTA is thankful this holiday season for our school volunteers!

It takes a village of volunteers to help in our schools and we are thankful for each and every one of them. Without our PTA volunteers we wouldn't have book fairs, family nights, carline help, hot lunch help, school plays, spirit wear, field days, staff appreciation, and more! We are so thankful for all of the room parents, party planners, field trip coordinators, and library volunteers for all that they do for our schools. Please join us in sharing our thanks and help [support the PTA](#). Your [PTA membership dues](#) go toward many of the above mentioned activities and events, in addition to field trips, parent education, assemblies and more. [Join today](#) or [check your membership status here](#). For more information about volunteering for the PTA or attending a meeting, please contact the PTA site chair for your school: [Tracy Cunningham](#) (Del Mar), [Jacqueline Jaffee](#) (Bel Aire) and [Carli Hamilton](#) (Reed).

[FOUNDATION NEWS](#)

THE FOUNDATION FOR REED SCHOOLS

In this season of gratitude, we are thankful for all of the generous families in this community that donate their time and resources to create exceptional learning opportunities for our children.

CAMPAIGN UPDATE



[Click here to donate today](#)

AND FINALLY.....

A NOTE FROM OUR DISTRICT NURSE, ALISON MANKIN, RN

FLU SEASON is upon us, and our Public Health department expects it to be a severe one. So please remember the following tips to keep your student and our school as healthy as possible:

1. Get a flu shot for your student and your entire family. Sooner is better, but it's not too late!
2. Keep your student home when he/she does not feel well. This is especially important if your student has a fever over 99.5, a bad cough, and/or any stomach cramps/nausea/vomiting/diarrhea over the previous 24 hours. If you are unsure, please review our [When to Miss School guidelines](#) and remember that your student may be contagious. As Dr. Hoeckelman reminds us, "If my child were healthy, would I want her near someone with these symptoms?"
3. Remind your student to wash his/her hands frequently, use hand sanitizer, and not share food and drinks with friends or family.

4. **Help your student to get plenty of rest every night. This means 9-12 hours of sleep each night! As the CDC reminds us, ample sleep is crucial for children's health: <https://www.cdc.gov/features/students-sleep/index.html>**
5. **Help your student stay well-hydrated, eat a well-balanced diet, and eat regular meals and snacks.**