

Del Mar News Flash

Weekly Del Mar Campus, PTA & Foundation News



We walk far together.

Key Dates:

Wed. Oct 10th

International
Walk and Roll
to School Day

Fri. Oct 12th

Run For Reed
Schools

Mon. Oct 22nd

Staff
Development
Day-No
Students

Thurs. Oct 25

8th Grade
Parent Meeting
with Redwood
Principal. 6
pm/Del Mar
Gym

Del Mar News

September 26, 2018

Brian Lynch
Principal, Del Mar Middle School

Dear Families,

Research supports that social and emotional learning programs that focus on self-awareness, self-management, social awareness, relationship skills and responsible decision making provide numerous benefits to students, including improved academic performance, improved attitudes and behaviors, and reduced emotional distress.

This afternoon, our school community participated in *Character Day*, a worldwide event. You can learn more about **Character Day** and the Science of Character to assist in supporting this important learning at home. Students in Del Mar's leadership class designed an activity for the entire student body to engage in during our advisory program. Students watched the short film [30,000 days](#) and identified their top character traits and the traits they value deeply, and then they made connections to how these traits make them unique (their own "special sauce"). The students participated in discussions around how these traits and values can help them achieve their identified purpose in life. I encourage you to have your child share what they learned and carry this discussion further in your homes.

While our primary mission as a school is to help the academic development of each student, today is a good reminder that in order to do so successfully, we must take time as a school community to support the development of the whole child.

Sincerely,

Brian Lynch
Principal

PTA NEWS

LETTER FROM DEL MAR PTA SITE CHAIR, TRACY CUNNINGHAM (Previously sent out in August):

Welcome to the 2018-19 School Year!

The Del Mar Parent & Teacher Association has one mission: To enrich the lives of our children and school community. As parents of a busy middle schooler, the best way for you to make the most of the brief Del Mar years is to join the PTA and engage. Every level of participation, from a simple family membership to actively helping us raise & save much needed funds, is rewarding and highly valued.

Want to get involved? Great! There are a variety of ways you can support the PTA here at Del Mar:

****JOIN IT!** We need everyone to care about the kids, the teachers, the school and our RUSD mission of developing children into their full potential. Every parent can find a meaningful place on our team!

**** Opt-in to pay your annual dues, and make valuable online purchases that support the PTA [here](#).**

**** Sign your child up for nutritious ChoiceLunch options [here](#).**

**** Attend PTA meetings, which are held the second Thursday of every month at 8:20 AM in the Del Mar library. PTA meetings are open to all dues-paying members, and everyone is encouraged to come. Please mark your calendars now:**

September 13th

October 11th

November 8th

December 13th

January 10th

February 14th

March 14th

April 18th

May 9th

**** Watch for PTA Communication:**

* The District and Del Mar "News Flash" comes via email every other Wednesday and contains everything you need to know. This is the main communication for all parents, so please watch your email!

* The Del Mar calendar can always be easily viewed [here](#).

As parents & teachers ourselves, we understand the challenges that come with raising middle schoolers. The PTA provides many opportunities for parents to meet, share stories, laugh and make a real difference at our school. The Del Mar community is a true treasure, and I wish for all of us to share the good fortune!

I look forward to seeing you on campus during the coming year.

Please contact me with any questions, feedback, or if you are interested in volunteering.

Warmly,
Tracy

The District PTA offers free parent education events to all members. Join PTA by clicking on [this link](#).

More PTA News!

We are pleased to announce our first Parent Education event for the 2018-19 school year:

Plasticity and the Growth-Oriented Mindset
Kelly Kent, Ph.D, adaptED Consultants

Tuesday, October 16th, from 6:30 to 8:30 pm
at Hall Middle School (in the gym)

The root of all learning comes from changes between neurons at the synapse. Scientists call these changes neuroplasticity. Understanding the brain's adaptability can generate motivation about learning, even in our children's most difficult subject areas. We'll discuss how we, as parents, can promote challenge and provide appropriate feedback to ensure our children have growth-oriented mindsets.

Please note the event is free but registration is required! Register [here](#).

HAVE YOU ORDERED YOUR DEL MAR SPIRIT WEAR YET?

Sweatshirts, sweatpants, pajama bottoms and water bottles are available for order [HERE](#). Get yours today!!!

DEL MAR HOT LUNCH VOLUNTEERS STILL NEEDED!

Looking for ways to volunteer at Del Mar? Do you want to earn a free hot lunch?

We have a few remaining open spots on our coveted lunch volunteer teams - Monday or Friday from 11:20-12:10 or Thursday from 12:10-1:00. Each volunteer spot rotates every 3-4 weeks. This is a great opportunity to see your child during the day and the only regular volunteer opportunity available at Del Mar! Don't miss out on an hour of fun! Grab a friend and do it together!

Afraid you can't commit to all dates? No worries! We can work it out!

Please contact Kerianne McBride at kasflower@yahoo.com to schedule your dates.

SAVE THE DATE!!

JOIN RUSD AND DISTRICT PTA

THE RUSD BOOK FAIR

OPEN
DURING
SCHOOL
HOURS

OCTOBER 23 - 26

BEL AIRE BOOK FAIR
OCTOBER 23 - 24
BEL AIRE MPR FROM 8:00 AM - 7 PM

BEL AIRE FAMILY NIGHTS
OCTOBER 23 - 24
BEL AIRE MPR FROM 5-7 PM

DEL MAR POP-UP
OCTOBER 26 - 27
DEL MAR LIBRARY
THURSDAY: 7:30 AM - 4PM
FRIDAY: 7:30 AM - 12:15 PM



PROCEEDS BENEFIT ALL RUSD SCHOOLS

FOUNDATION NEWS

A promotional poster for the Run for Reed Schools event. It features a collage of photos showing people of various ages running and walking. The text is overlaid on the images. At the top, it says "RUN | WALK | CHEER | CELEBRATE". Below that, "THE FOUNDATION FOR REED SCHOOLS PRESENTS". In the center is the "Run for Reed Schools" logo, which is a stylized blue and orange graphic with the text "RUN FOR REED SCHOOLS". Below the logo, it says "FRIDAY, OCTOBER 12TH". At the bottom, there is a dark blue oval button with the text "CLICK HERE TO REGISTER" and the slogan "LET'S START THE RACE TO \$2 MILLION!".

RUN | WALK | CHEER | CELEBRATE

THE FOUNDATION FOR REED SCHOOLS
PRESENTS

FRIDAY, OCTOBER 12TH

[CLICK HERE TO REGISTER](#)

LET'S START THE RACE TO \$2 MILLION!

LET'S START THE RACE TO \$2 MILLION!

Run for Reed offers a 1 mile and 5K race and is a perfect opportunity for the community to come together and support our schools. EVERYONE is invited to the post-race celebration on Main Street!

COME TO RUN, OR JUST COME FOR FUN!

If your whole family plans to run, consider a FAMILY SPONSORSHIP which includes:

- * Four Race Entries
- * Four R4R T-shirts
- * Four R4R Hats
- * Four Participant Medals
- * Additional Sponsor-Only Items

A Family Sponsorship also includes recognition on our website and home delivery of your race packet prior to the event!

Visit our [website](#) for more information and to sign up for the race!

FRIDAY, NOVEMBER 9TH IS PLEDGE DAY

We have once again made a \$2 million commitment to RUSD, and our goal is 100% participation in the annual Family Giving Campaign! Join a Community of Givers and invest in our schools!

Early donations and pledges save valuable volunteer time and reduce fundraising costs.

